



# Trinity Martial Arts & Self Defence



## Safeguarding Policy

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### **Purpose:**

This safeguarding policy applies to all instructors, coaches, volunteers, students, parents and other staff associated with Trinity Martial Arts & Self Defence.

The purpose of this policy is to:

- Protect children and young people who receive instruction in martial arts, as delivered by Trinity Martial Arts & Self Defence.
- To provide our instructors and other members of the club's adult support team with the principles that guide our approach to safeguarding and child protection.

### **Statement:**

TRINITY MARTIAL ARTS & SELF DEFENCE BELIEVES THAT A CHILD OR YOUNG PERSON SHOULD NEVER EXPERIENCE ABUSE OF ANY KIND.

WE HAVE A RESPONSIBILITY TO PROMOTE THE WELFARE OF ALL CHILDREN AND YOUNG PEOPLE AND TO KEEP THEM SAFE.

WE ARE COMMITTED TO TEACHING AND PROMOTING MARTIAL ARTS IN A WAY THAT PROTECTS CHILDREN AND YOUNG PEOPLE.

Trinity Martial Arts & Self Defence recognises that:

- The welfare of the child is paramount, as enshrined by the
  - Children Act 1989
  - Equality Act 2010
  - United Nations Convention on the Rights of the Child
- All children, regardless of age, disability, gender, racial heritage, religious belief, sexual orientation or identity, have a right to equal protection from all types of harm and abuse.
- Some children are additionally vulnerable because of the impact of previous experiences, their level of dependency, communication needs or other issues.
- Working in partnership with children, young people, their parents, carers and other agencies is essential in promoting young peoples' welfare.





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### **Club Policies and Procedures:**

This policy should be read alongside our policies and procedures on:

- Club Rules
- Acceptable Behaviour
- Code of Conduct
- Anti-Bullying
- Equality and Diversity
- Recording and information sharing
- Dealing with disclosures and concerns about a child or young person

### **Commitment and Core Values:**

Trinity Martial Arts & Self Defence Ensures the Safety of Children and Young People by:

- Teaching children and young persons using a child-centred approach, by valuing them, listening to and respecting them.
- Appointing a Designated Safeguarding Lead (DSL) for children and young people.
- Ensuring that the DSL and Chief Instructor hold a recognised Lead Safeguarding qualification.
- Ensuring that all our Instructors, staff and volunteers have undergone a DBS Enhanced Check.
- Ensuring that all our Instructors hold the relevant coaching qualifications and insurances.
- Ensuring that our membership to our governing association, British Martial Arts & Boxing Association, is current.
- Adopting child protection and safeguarding practices through procedures and a Code of Conduct for Instructors, staff and volunteers.
- Providing effective management of staff and volunteers through supervision, support, training and quality assurance measures.
- Recording and storing specific information professionally and securely and sharing information about safeguarding and good practice with children, their families, staff and volunteers via leaflets, posters, one-to-one discussions.
- Using our safeguarding procedures to share concerns and relevant information with agencies who need to know, and involving children, young people, parents, families and carers as appropriate.
- Creating and maintaining an anti-bullying environment and ensuring that we have a policy and procedure to help us deal effectively with any bullying that does arise.
- Ensuring that we have effective complaints and whistleblowing measures in place.





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- Ensuring that we provide a safe physical environment for our children, young people, staff and volunteers, by applying health and safety measures in accordance with the law and regulatory guidance.
- Ensuring that physical contact with children and young people will only take place with the consent of both the student and the parent, and only in the following circumstances:
  - In an emergency
  - To prevent an injury
  - To treat an injury
  - To demonstrate a specific technique

### Contact Details:

#### Designated Safeguarding Lead (DSL):

NAME: Ed Hodgson

PHONE: 07780 528314

EMAIL: [safeguarding@trinitymartialarts.co.uk](mailto:safeguarding@trinitymartialarts.co.uk)

CLUB WEBSITE: [www.trinitymartialarts.co.uk](http://www.trinitymartialarts.co.uk)

CLUB CONTACT DETAILS: [info@trinitymartialarts.co.uk](mailto:info@trinitymartialarts.co.uk)

CLUB'S GOVERNING BODY ASSOCIATION: British Martial Arts & Boxing Association (BMABA)  
[www.bmaba.org.uk](http://www.bmaba.org.uk)

Trinity Martial Arts & Self Defence is committed to reviewing our policy and good practice **annually**.

This policy was last reviewed on 18<sup>th</sup> February 2025.

Signed:

Ed Hodgson | DSL | Chief Instructor

